NEW FROM CHROME ROSES POLE DANCE

OUR 2021 PARTY COLLECTION

Now Available to book!





Getting married? Celebrating a birthday? Looking for a team-building day with a difference? Or just want a fun challenge with your friends?

A party at Chrome Roses Pole Dance is a brilliant way to celebrate any occasion. With space for up to 10 people and party styles ranging from strip to chair, we have options to suit. Stag Do's welcome!

Our beautiful studio is in the centre of Cardiff and our team of friendly and experienced instructors will make sure you have a celebration to remember.





PARTY OPTIONS

All parties are 80 minutes long.

Minimum 5 participants, Max 10 (

if more please enquire)

POLE PARTY

Learn the art of pole dancing as we teach you how to move up, down and around the pole, finishing with a big group performance! You'll be surprised at how much you pick up in one go, and how much fun you'll have!

STRIPTEASE

We will show you how to make your partner weak at the knees as you perform a jaw dropping, curve celebrating seductive strip, and yes you will be slinking and grinding on some laps. You will leave feeling like the goddess that you are!

CHAIR DANCE

This class focuses on using your chair as a prop as you learn sensual movements that show off your best assets in and around the chair. You'll never look at a chair the same way again!

TWERK PARTY

Are you ready to shake what your mamma gave ya? You'll be shakin' that booty like a pro after we teach you the secrets of the twerk superstars.

ACROBALANCE

Possibly the best wedding photo opportunities will become available after learning some fun and achievable acro moves. Great for mixed groups or hen parties, this exciting workout will will test your trust and balance with each other!



Party Information

PARTY PRICES

80 Minutes 5-10 people

£25.00

What's included?

The first 60 minutes will include a full warm up, learn basic movements to end with a mini routine (exc acro), with the potential of a game or 2 thrown in.

The final 20 minutes will allow you to get as many photos and videos as you like. Our instructors can help you into some gorgeous, flattering poses.

We will also include a bottle of Prosecco (to be consumed after the lesson. Non alcoholic version also available on request in advance.

<u>Payment</u>

A non refundable deposit of £5 per person is required via bacs transfer to guarantee the booking. Once payment has been made, any reduction in participant numbers will not be refunded but can be increased to the maximum.

The remaining amount is to be paid on the day.

Any cancellations made within 48 hours of the party start time will be liable for the full cost of the party, to be paid upon receipt of an invoice.

Please note -

Please arrive about 10 minutes before the scheduled start time. If the party arrives later than the agreed start time, the class may not run over and will finish at the scheduled time.

If any participants miss the warm up they will not be able to participate and will forfeit their space without refund.

All participants are required to complete an online medical questionnaire prior to the party. No alcohol is to be consumed prior to attending the party.

CRPD instructors reserve the right to stop the party or remove a single participant if found to be intoxicated or disrespectful of the instructor.

Our Location

Address

Chrome Roses Pole Dance Meanwhile House, Curran Embankment, Cardiff, CF10 5DY

029 2236 2413 info@chromeroses.co.uk





Meanwhile House

Curran Embankment is just off Penarth Road (opposite the former BMW garage & next to Big Yellow Self Storage).

Meanwhile House is then about 100 metres down on the left (through some gates).

Parking is available along the railings side with a permit needed for classes before 6pm (available to collect from the studio).

Directions



Entry is through an intercom system using number "38". When you enter the foyer take a right through some double doors and we are the only door on the right hand side.

Please be aware that there may be a class on before yours, so if you arrive early just make yourself comfortable in the communal area.

Get in touch to book your party at CRPD



TERMS & CONDITIONS

Participants must be aged 16 or above at time of booking.

Students participate at their own risk and are liable for their own actions and their actions around others. You will be required to sign a disclaimer before your first class. Refusal to sign this will result in the forfeit of your class/course at CRPD.

Any injuries/surgery/new medical conditions etc must be disclosed to your instructor before your class. Please consult your GP if you are unsure if you are suitable to take part.

Chrome Roses reserve the right to refuse a student entry to a class if they believe they are medically unsuitable or are under the influence of alcohol/drugs. The instructor's decision is final and in this case no refunds will be given.

Pregnant women are not able to take part.

Abuse towards instructors will not be tolerated under any circumstances.

Any student who ignores the health & safety advice of the instructor, or who is acting in an inappropriate manner, may be removed from the class and refused entry into any further classes. No refunds will be given in this case.

No alcohol is permitted before or during the class.

Students must ensure they are suitably dressed for the class. No jewellery or lotion allowed. Chrome Roses takes no responsibility for students lost/stolen or damaged personal items whilst they are at the venue.

Students agree to be occasionally photographed for marketing purposes and may be used on the Chrome Roses website, in publications or social media. Should you not wish for any photographic images of you to be used in this way you should express this in writing to Chrome Roses.

A non refundable percentage payment is required via bacs transfer to guarantee the booking.

Once the deposit has been made, any reduction in participant numbers will not be refunded. The remainder of the payment will be

made on the day with cash or card. Any cancellations must be requested no later than 48 hours before the party will be liable to pay the full cost of the party.

Please arrive about 15 minutes before the scheduled start time. If the party arrives later than the agreed start time, the class will not run over and will finish at the scheduled time.

If any participants miss the warm up they will not be able to participate and will forfeit their space without refund.